Ro

Sleep Medicine

SPIN Version 1.0

2022

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Section 1

Introduction and purpose

Introduction to SPIN modules

Requirements to undertake this SPIN module

Applicant requirements

Training quality

Theme 4: Supporting educators

4.1

4.2

Theme 5: Developing and implementing curricula and assessments

5.1

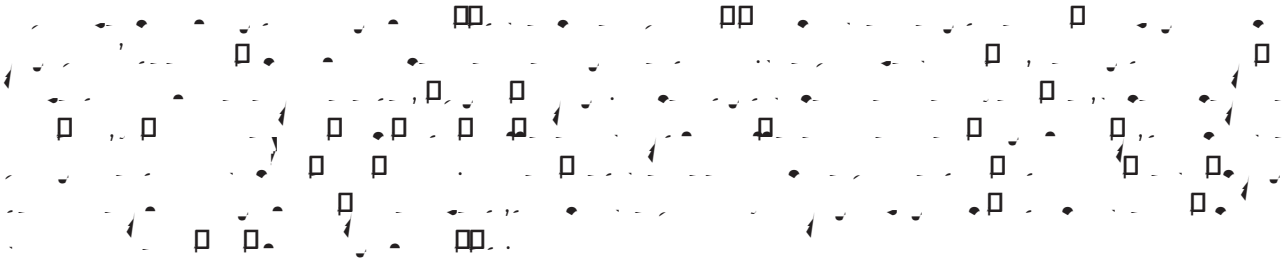
5.2

a reference guide for postgraduate specialty training in the UK

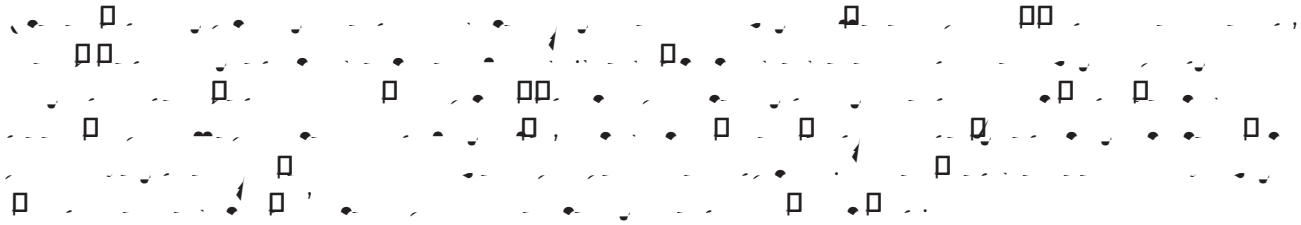
#VoiceMatters

What children, young people and families said

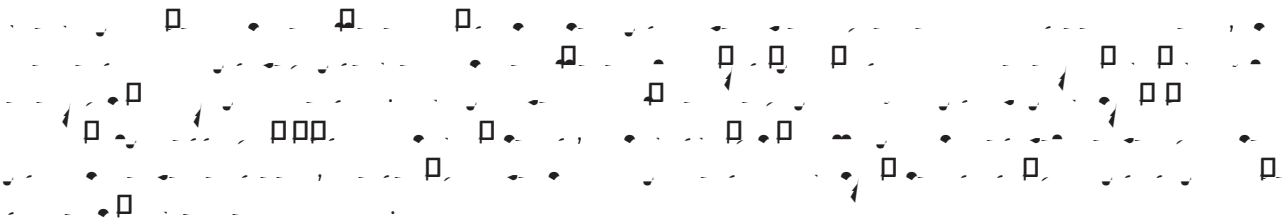
"The best doctor is someone who can change your feelings of health can help you on the worst day possible"



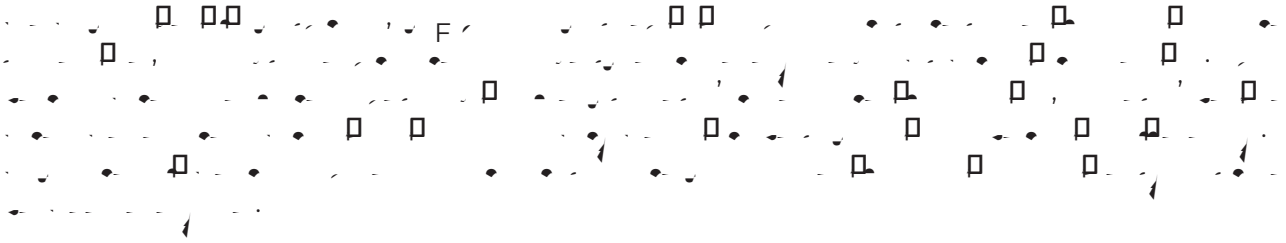
"The best doctor is informed about national and local support services for children and young people, signposting and engaging with them"



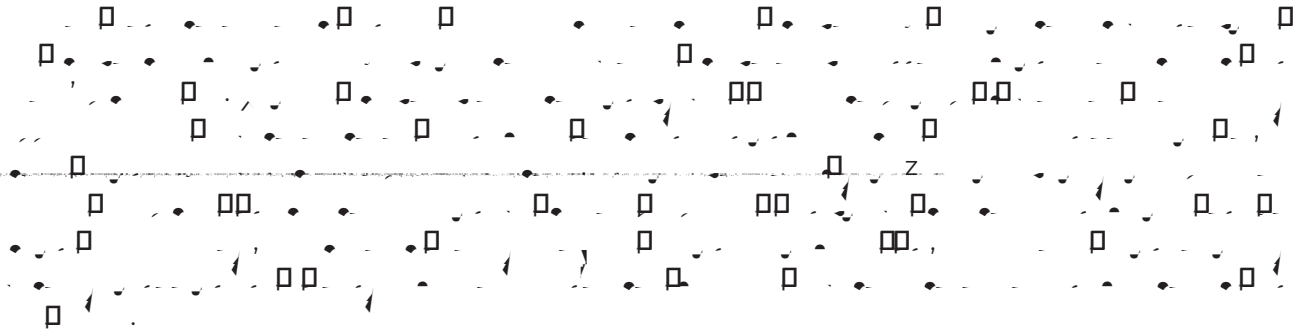
"things that keep children and young people healthy, happy and well include having good sleep patterns and disconnecting from electronics before you go to bed"



"Being taught about sleep and mindfulness is important"



“You can’t sleep if you are worried and scared about stuff going on.



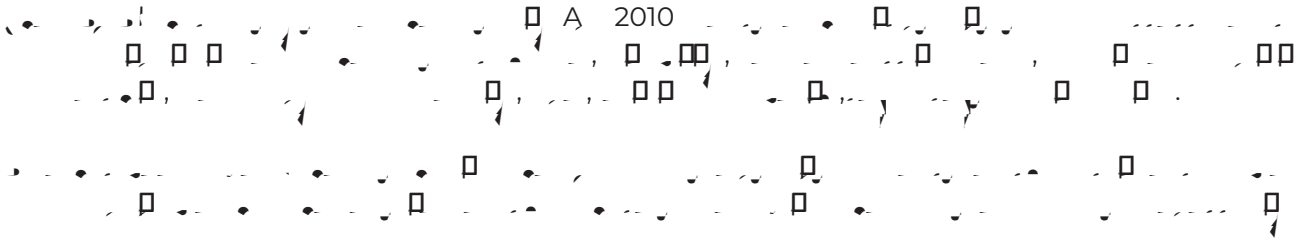
“Mental health is equally important; it might even be more important than physical health”

Questions to think about:

1. [illegible]
2. [illegible]
3. [illegible]
4. [illegible]
5. [illegible]

Thank you to children, young people and families from the the RCPCH &Us network for sharing their ideas and views used in this section.

Ensuring fairness and supporting diversity



Quality assurance and continual improvement

Ensuring quality in delivery

A

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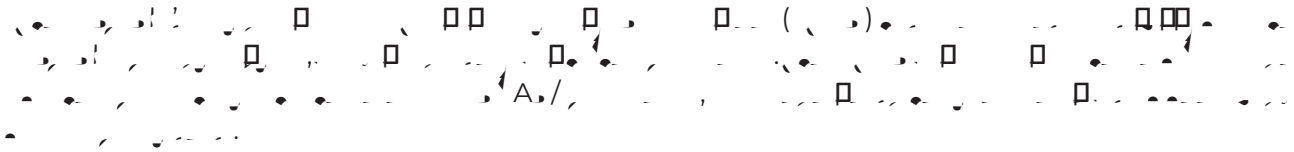
1. **Effective selection mechanisms**
2. **Gathering and responding to feedback**

SPIN governance

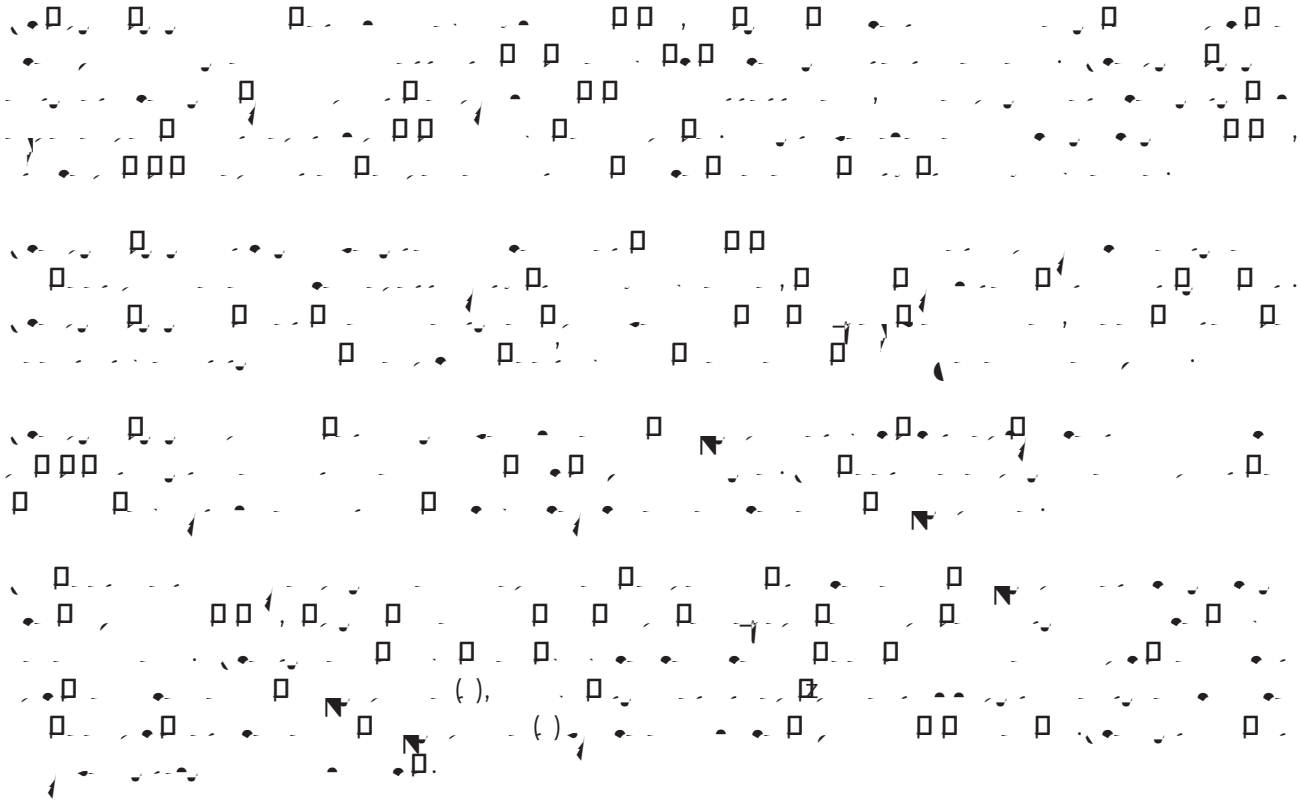


SPIN module review and revision

Section 2

Sleep Medicine SPIN curriculum

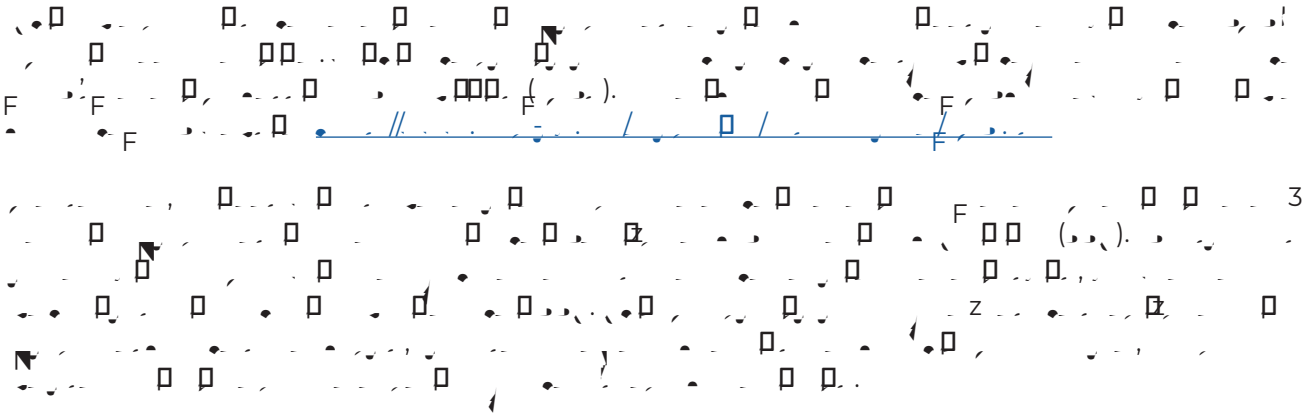
How to use the RCPCH SPIN curriculum



Components of the SPIN curriculum

Learning Outcomes

SPIN Learning Outcomes



SPIN Learning Outcome 1

[illegible]	F [illegible] 2, 3, 4, 5, 7, 8

Key Capabilities

[illegible]	F [illegible] 2, 3
[illegible]	F [illegible] 2, 3, 4, 7
[illegible]	F [illegible] 4, 5, 7, 8

Illustrations

1. [illegible]
2. A [illegible]
3. [illegible]
4. [illegible]
5. [illegible]

SPIN Learning Outcome 2

[illegible]	F [illegible] 2, 3, 4, 5,

Key Capabilities

A [illegible]	F [illegible] 2

SPIN Learning Outcome 3

	F 1, 2, 5, 6

Key Capabilities

A ( ),	F 1, 2
	F 2
A A z	F 2, 5
	F 2, 5, 6
	F 2, 6

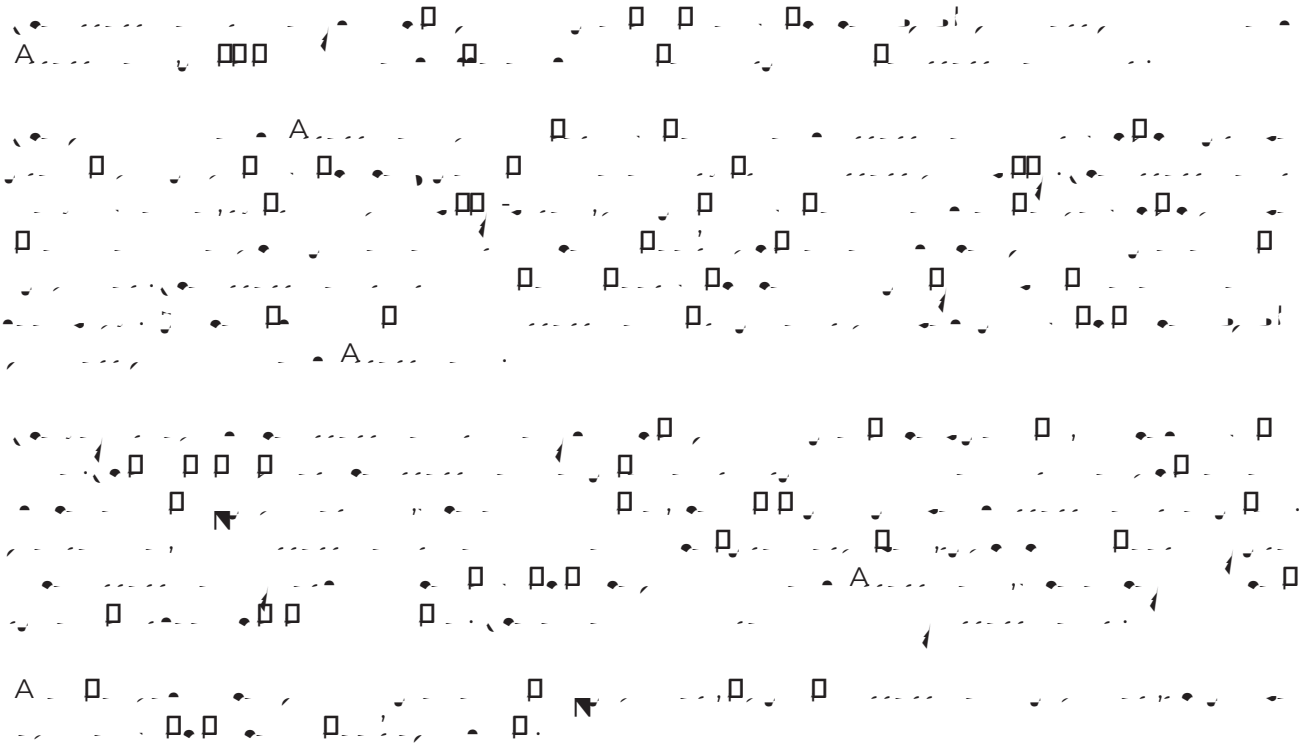
Illustrations

1. 1. A
2.
3.
4.
5.
6. A

Section 3

Assessment Strategy

How to assess the Sleep Medicine SPIN



Assessment blueprint

Appendices

Appendix A: Further guidance and resources

Assessment

Recommended reading

Training events or courses

For more information

Appendix B: Criteria for SPIN delivery

[redacted]. A [redacted] 2017).

2022